# Phytochemical Analysis and Detection of some Bioactive Compound in *moringa oleifera* Extract. Ayah F. Al-Qrimli<sup>1</sup>,Yousif Hussein messer<sup>2</sup>, Mohammed Nasser Hussein<sup>2</sup>,Zahraa Abass Taghi<sup>2</sup>, Zahraa, Mohammed Jaber<sup>2</sup>, Mohammed Hussein<sup>2</sup>

1. Department of Pharmacognosy, College of Pharmacy, Al-Nahrain University, Baghdad, Iraq.

2. Students of Pharmacy College, Al-Nahrain University, Baghdad, Iraq.

Corresponding author Email: ayah.hrhr@yahoo.com

#### ABSTRACT

Moringa is a natural and cultivated variety of the genus Moringa of the family Moringaceae. The cultivation of Moringa is widespread due to multiple medicinal and healing properties. It is one of the richest plant sources of Vitamins A, B, C, D, E, K, in addition to proteins and minerals .The recent study aimed to phytochemically analyze Moringa oleifera grown in Iraqi environment and detection of some active compounds of the plant. Research reported that Moringa can support a healthy cardiovascular system, promote normal blood-glucose levels, neutralize free radicals, provide excellent support of the body's anti-inflammatory mechanisms, enrich anemic blood and support immune system. Moringa oleifera contains various phytoconstituents which contribute to its therapeutic uses such as alkaloids, saponins, tannins, steroids, phenolic acids, glycosides, flavonoids, and terpenoids. This study was able to identify the different phytochemical compounds present in Moringa cultivated in Iraq using preliminary chemical tests and to identify the presence of Quercetin using high performance liquid chromatography (HPLC) and thin layer chromatography (TLC). The chromatographic techniques proved the presence of Quercetin by showing identical retention time and retention factor almost identical to that produced by quercetin standard.

Keywords: Moringa oleifera, Vitamins, Bioactive Compound, HPLC

#### Introduction

*Moringa oleifera* from the Moringaceae family. This family contains 13 species, distributed in several tropical areas like, Madagascar, India, Ethiopia, and Kenya. *Moringa oleifera* is the most widely cultivated genus, commonly known as "drumstick

tree" or the "horseradish tree". Moringa became popular due to its various therapeutic uses as it has been used since ancient times. Moringa has been known as one of the most economically valued harvests, due to industrial, agricultural, and medicinal uses (1). It is one of the richest plant sources of Vitamins A, B, C, D, E and K. In addition, it is a good source of proteins and minerals. Moringa leaves are considered a storehouse of nutrients, rich in minerals such as copper, potassium, iron, magnesium, zinc, and calcium. In addition, they contain vitamins for instance beta-carotene, vitamin A, vitamin B, folic acid, nicotinic acid, pyridoxine, vitamin E, Vitamin D plus Vitamin C (1,2,3). Moringa species contain numerous phytoconstituents, for example alkaloids, saponins, steroids, tannins, phenolic acids, flavonoids, glucosinolates, and terpenes. The multiplicity of these phytochemicals in the genus contributes to its several pharmacological uses (4). Different types of active phytoconstituents like glycosides, fixed oil and fats are present [3,4]. Some other constituents are niazinin A, niazinin B and niazimicin A, niaziminin B which are antihypertensive agents and one of the latest natural thiocarbamates (5, 6). Many M. Oleifera plant parts gained therapeutic significance, the most important are the leaves and pods, however, all parts are used in most countries to relieve mineral and vitamin deficiencies, support cardiovascular health, blood sugar levels, deactivate free radicals, boost the anti-inflammatory pathways of the body, and enhance immunity (7,8). The medicinal uses are numerous as it has been used to treat several illnesses, like skin infections, asthma, swelling, anemia, bronchitis, diarrhea, headache, joint tenderness, rheumatism, gout, cardiac problems, digestive disorders, diabetes (9,10). In rural areas M. oleifera was found to remove water impurities, the seeds particularly had the ability to remove bacteria from water (11). The anti-inflammatory impact is attributable to flavonoids, alkaloids, tannins, glycosides and quercetin, which inhibits pro-inflammatory factors, for instance tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-6 (IL-6) and others. This makes it beneficial in diseases such as diabetes, cancer, colitis, arthritis, which are linked with inflammation (12). Polyphenols, flavonoids and ascorbic acid found in leaves are constituents that contribute to the anti-cancer effect which may protect the body from cancer, moreover glycosylated isothiocyanate, benzyl carbamate niazimycin and ß-

sitosterol, which have anti-tumor properties (6,12,13). These compounds are found in high concentrations in the leaves and seeds of the plant. The cardio protective effect results from The phytochemical compounds identified in Moringa oleifera like N,  $\alpha$ -L rhamnopyranosyl vincosamide, isoquercetin, quercetin, and isothiocyanate, it is work as a protective agent to cardiac damage and vascular dysfunction (14). M. oleifera is rich in flavonoids, polyphenolic compounds and multiple antioxidants that scavenge free radicals that cause oxidative stress, cell damage and inflammation. which grants it a high antioxidant power. Studies showed that M. oleifera lenes and seeds had antimicrobial activities against Staphylococcus aureus, Bacillus cereus; Pseudomonas aeruginosa, Klebsiella pneumonia, Escherichia coli; Enterococcus cloacae; Salmonella typhi and Proteus vulgaris (15,16). Interestingly, the application of Moringa oil on skin helps tighten it, absorb oils and dirt, kill bacteria or viruses on the skin, and treat acne and athlete's foot. It was found that due to moring leaves containing high levels of vitamins and antioxidants, that M. oleifera can improve brain function and produce hepatoprotective effects thus, can be beneficial in Alzheimer's disease and restoring normal liver function, respectively (17, 18). Extensive research regarding M. oleifera medicinal uses has led to further widespread studies to identify its phytoconstituents and to produce in-vitro results that makes M. oleifera a promising area of research.

### Material and methods

The *Moringa oleifera* plant was collected from AL-Nahrain university, college of pharmacy from pharmacognosy garden, 300 gm plant part collected was the leaves. The leaves were air dried under the shade for one week. The plant material was extracted using 95% aqueous ethanol by maceration which is a cold method.

General phytochemical screening was done by performing chemical tests on the crude extract to detect chemical compounds and phytochemicals in the crude extract. This chemical profiling of the crude extract facilitates the identification step.

Test for alkaloids detection: Two milliliters of Methanolic extract was put in a test tube then few drops of Mayer's and Dragendorff reagents were added. Then test tube was shaken well, to allow formation of a creamy-white and orange precipitate for Mayer's and Dragendorff test respectively(19).

**Test for flavonoids:** One milliliter of Methanolic solution in a test tube was treated with few drops of dilute sodium hydroxide solution. A deep yellow color in the test tube appears, then followed with few drops of dilute HCl where the yellow color disappears. This confirms the existence of flavonoids.

**Test for saponins detection:** Foam Check, where one milliliter of extract is shaken with 20 ml distilled water in a measuring cylinder. The formation of lather that stays for fifteen minutes implies the presence of saponins.

## Test for phenolic compounds detection:

- (a) Ferric chloride test: 2ml of extract treated with 2ml of 5% ferric chloride solution. Development of blue or green color indicates the occurrence of phenolic compounds
- (b) Lead acetate test: 2 ml of extract was placed in a test tube were some drops of lead acetate solution were added. Founding of white precipitate suggests the occurrence of phenolic compounds (tannins)

### Test for anthraquinone detection:

The Borntrager's Test is applied where three milliliters of extract, diluted HCI solution were placed into a separatory funnel then equal volume of benzene is added. After good shaking, the organic layer was taken. Dilute ammonia solution was then added. A pinkish color denoted the presence of anthraquinone glycosides.

### Test for terpenoids detection:

Salkowski test were five milliliters of the extract was mixed with two milliliters of chloroform then 3 ml of concentrated H2O4 was added. Reddish-brown color formation indicates the presence of terpenoids.

# Flavonoids identification and detection

Thin layer chromatography was used to analyze and identify flavonoids in the alcoholic extract by separation on thin analytical silica plates. The Stationary phase used is readymade silica gel plates GF254 nm of 0.25mm thickness (MERCK) were employed as the adsorbing stationary phase. The baseline and solvent front designated for sample application. The mobile phase solvent system used for development is Ethyl acetate: formic acid: acetic acid: water (100:11:11:26). A few milligrams of sample and quercetin standard compound were dispersed in few drops of absolute ethanol, then applied on the baseline of TLC plates using a capillary tube and let dry. Detection on TLC plates was achieved by inspection under UV light utilizing 254 nm wavelength. Chemical detection was done by spraying the plate with alcoholic KOH reagent to detect flavonoids in the sample. The Rf value (retention factor) was calculated for the compound spot and for the corresponding standard spot using the equation below. The Rf value calculated for each compound is then used for comparison:

**Rf** value=distance traveled by compound/distance traveled by the solvent system

The sample was further analyzed by HPLC with the same quercetin standard compound used in TLC. HPLC is an extremely sensitive and accurate technique which can detect even trace amounts of compounds present in the extract. The retention time (Rt) in minutes in which each compound in sample appears in the HPLC chromatogram is then compared to that of standard.

Conditions used in analysis by HPLC: (20,21)

- Mobile phase: 40% methanol 30% 0.1% H3PO4
- Particle size: 5µm
- Column: ODS C18 (150 x 4.6 Id mm)
- Flow rate: 1 ml/ min.
- Column temperature: room temp.
- Injection volume: 20 µl.
- Injection concentration: 10 ppm of quercetin standard.
- Detection wavelength: UV detector at  $\lambda$  254 nm.

# Results

Phyto-chemical screening tests were performed on the crude extracts; this step gives a general idea about the Phyto-chemical compound classes present in the crude extract. The results of these tests are illustrated in Table1.

Table1. Phytochemical screening profile of ethanolic crude extract of moringa oleifera

	Test	Result
1.	Alkaloid (Dragendroff/Mayer)	
		+
2.	Cardiac glycosides	-
3.	Flavonoids	+
4.	Phenols	+
5.	Anthraquinone	-
6.	Saponins	-
7.	Terpenoids(alkowski)	
		-

cultivated in Iraq.

# Examination and separation

Thin layer chromatography (TLC) Using ethyl acetate: formic acid: acetic acid: water (100:11:11:26) solvent system, the extract showed spots that have almost identical Rf (0.6) values as that of standard quercetin compound used. The figures show the chromatograms detected under UV and visualized by alcoholic KOH.



Figure 1 .TLC chromatogram of moringa olifera extract with quercetin standard detected under A: alcoholic KOH spray and B: UV-254 nm

### High performance liquid chromatography (HPLC)

The phytochemical screening and TLC appeared to contain quercetin flavonoid thus, this fraction was further analyzed by HPLC to confirm the TLC results. The data confirms that HPLC was able to detect quercetin in the extract since it appeared at retention time (3.698 min) almost identical to those by the sample (3.645 min) as seen in the Figures. This proves that HPLC is more efficient, sensitive, and accurate method. This makes moringa olifera a good candidate for preparative isolation of phenolic compounds and for evaluating its pharmacological activity.



Figure 3 . HPLC chromatogram of standard compounds



Figure 4. HPLC chromatogram of ethyl acetate fraction.

#### Discussion

The phytochemical analysis of moringa oleifera revealed the presence of various bioactive compounds, including alkaloids, cardiac glycosides, flavonoids, anthraquinone, terpenoids, saponin and phenols.

Through our work, we seek to collect a sufficient quantity of moringa oleifera, and we extracted it in order to reveal the bioactive ingredients contained in moringa oleifera grown in Iraqi environment, which are the reason for Moringa's many uses.

During the process of discovering the active substances present in Moringa oleifera, we demonstrated the presence of flavonoids, which contribute to the use of Moringa oleifera as an anti-oxidant agent (by reducing the production of free radicals). The detection of quercetin, a flavonoid with potent antioxidant activity, further supports the medicinal potential of moringa oleifera. Also We have proven the presence of alkaloids in Moringa oleifera , which is responsible for the use of moringa as an antibacterial, analgesic, and anti- inflammatory drug. The presence of phenols, specifically tannins, indicates astringent properties and potential benefits in wound healing and gastrointestinal health. Tannins are also known for their antioxidant and antimicrobial activities, which contribute to the overall therapeutic potential of Moringa moringa oleifera.

The results obtained from TLC and HPLC analysis confirm the presence of quercetin in the extract, validating the initial findings from the phytochemical screening. HPLC, being a more sensitive and accurate method, provides further evidence of the presence of quercetin in moringa oleifera extract. This compound, along with other identified phytochemicals, underscores the medicinal significance of moringa oleifera in traditional and modern medicine. The phytochemical analysis for the presence of Terpenoids, Saponins, cardiac glycosides and Anthraquinone give a negative result , so moringa oleifera grown in Iraqi environment specifically in al- nahrain university at pharmacognosy garden of college of pharmacy lack these phytochemicals and pharmacological uses of them. The absence of these phytochemicals in moringa grown in Iraqi environment compared to other countries or environment may be due to several reasons like : change in soil, change in climate, change in the extraction process or change in place where extraction done.

### Conclusion

Phytochemical analysis of moringa oleifera extract indicate the presence of phenolic compounds , flavonoids which is quercetin and alkaloids , these phytochemicals composition of Moringa oleifera grown in the Iraqi environment contribute to its potential pharmacological uses, so moringa oleifera is an important medicinal plant and have numerous pharmacological uses , and according to these results we have achieve our objective of study

### **Future work**

We discovered in our research the phytochemical constituents of moringa oleifera and pharmacological uses of them, but further in vitro studies of the plant is an important future work of our research

## Acknowledgments

We would like to express our sincere gratitude, grateful and truthful thanks to our academic supervisor Dr . Ayah Al-Qrimli for her continuous support and valuable comments during the planning, designing and implementation of this study.

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